Good for Butterflies and Caterpillars

FEED THE BUTTERFLIES

Compiled from Native Gardening in the South, based on information provided by Dr. Malcolm Vidrine of Cajun Prairie Gardens with grateful acknowledgment.

FEED THE BUTTERFLIES! Good Nectar Plants for Adults All sugar is good sugar as far as butterflies are concerned, and here are the families of flowering plants most likely to draw winged beauties.

Asclepias	
Cephalanthes	
Coreopsis	
Dracopsis	
Echinacea	
Hibiscus	
Malvaviscus	
Monarda	
Pycnanthemum	
Pycnanthemum	
Rudbeckia	
Pycnanthemum	
Salvia	
Sambucus	
Silphium	8